Pronto Selections
Ready to serve gourmet

Specification Sheet

Your go-to guide for informed decisions and seamless manufacturing.

Fully Cooked IQF Rice: Multigrain Blend

Product Code: 75690
SCC: 106 85201 75690 0

Individual Quick Frozen | Prepared in Canada | Kosher | Halal



Individually Quick Frozen Blend of Grains.
Ratio: 55% Brown Rice, 15% Red Rice, 15% Red Quinoa, 15% Black Barley

Ingredients: Water, Brown Rice, Red Rice, Red Quinoa, and Black Barley
Contains: Gluten/Wheat

Shelf Life: 18 Months frozen **Storage Conditions:** Frozen. -18°/0°F

Physical Color: Brown/Tan, red, white, light brown, Black
Taste: Typical earthy taste
Texture: Frozen Grain texture

Package: Clear poly bag in a corrugated box
Pack Size: 12 x 2 lbs
Case Gross Weight: 26 lbs
Case Dimensions: 404mm x 304mm x 182 mm (L x W x H)
Ti/Hi: 8:8

Kosher: COR 579

Nutrition Facts
Valeur nutritive

Per (100 g)
Pour (100 g)

Calories 139

Fat / Lipides 1 g	
Saturated / saturés 0.2 g	
+ Trans / trans 0 g	
Carbohydrate / Glucides 28 g	
Fibre / Fibres 3 g	
Sugars / Sucres 0.3 g	
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 4 mg	
Vitamin D / Vitamine D 0	
Potassium 73 mg	
Calcium / Calcium 18 mg	
Iron / Fer 1 mg	

***5% or less is a little, 15% or more is a lot**
***5% ou moins c'est peu, 15% ou plus c'est beaucoup**